

The album “A Minha Vida” is available on CD exclusively at FNAC stores.

Sara Carreira Association releases “A Minha História” by Sara Carreira.

Smart disc link: <https://orcd.co/aminhahistoria>.

“Leva-me a Viajar (Sara Carreira Version)” music video: see [here](#).

The Sara Carreira Association releases Sara Carreira's album of originals, a record that has long been requested by the public and is now exclusively available at [Fnac stores](#) and on [digital platforms](#).

The album features the songs that were part of Sara Carreira's first and only EP – “Metade”: “[Vou Ficar](#)”, “[Para Não Chorar featuring Nuno Ribeiro](#)”, “[Sentimento](#)”, “As Nossas Conversas”, “Penso Em Nós”, “Já Tou High featuring Rogg”, “[Gosto de Ti featuring David Carreira](#)”, with the song “[Leva-me a Viajar](#)” with the voice of Sara and the version “Leva-me a Viajar (Sara Carreira Association Version)” – Anthem of the [Sara Carreira Association](#).

“A Minha História” also features the re-recording of the original theme “Leva-me a Viajar” with the amazing participation of more than 30 Portuguese artists. This previously unreleased version brings together the voices of her fans with Sara Carreira's own, in a unique combination for such a special cause.

The music video for this song conveys the atmosphere during the recording sessions, with all those who were involved in this remix, and is [in the top slot in trending music on Youtube Portugal](#).

The songs “Sentimento” and “Para Não Chorar” are part of this album. They were performed by Tony Carreira, David Carreira and Mickael Carreira at the Gala dos Sonhos, the Sara Carreira Association Gala broadcast on SIC last Wednesday.

The royalties generated revert in their entirety to the Sara Carreira Association. This support is essential in making come true the



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of the 21 young talents who are part of the Sara Carreira Association Scholarship, in their education for the future.

Continuing Sara Carreira's dreams and honouring her generosity towards others is the reason **the Sara Carreira Association** exists. It aims to sow seeds in talented children and young people in need. In the words of the Carreira family, *'Sara was a young woman who was always present in people's lives. She believed in dreams and fought for them with hard work and dedication. The Association will reflect all that she is and will fulfill the dreams of those most in need'*.

The **Sara Carreira Association** aims to provide a future for children and young people who have talent in any area, but unfortunately are experiencing financial difficulties which mean that they cannot realise their dreams. These are the future applicants that the **Sara Carreira Association** aims to support through scholarships that will allow them to grow, with hard work and resilience, and provide them with the opportunity to overcome, and develop their talent.

About Sara Carreira

Being in perfect harmony with music, it was practically inevitable that she would follow this path in life. **In 2018, she made her first special appearance** with the song **"Gosto de ti"**, side by side with her **brother David**. In **November**, Sara Carreira **began dubbing animated films**, voicing the character of Snow White in the film "The Seven Dwarfs and the Magic Shoes", together with Fernando Daniel. Previously, with SONY France, she had produced the audio for a children's story: "La Légende des Fées" (by Lisa Angell, Anggun). **In 2019, Sara Carreira made her professional debut**, launching a **solo career with her first single "Vou Ficar"**, which reached more than two million views on Youtube and thousands of plays on Spotify. **"Para Não Chorar"** was the **second single** by Sara Carreira and features Nuno Ribeiro. This second song is part of her **first EP, released on 22 November 2019: "Metade"**.

This EP reached top 5 in the FNAC sales chart in December. "Metade" includes the songs "Vou Ficar", "Para Não Chorar" featuring Nuno Ribeiro, "Sentimento", "As Nossas Conversas", "Penso em nós", "Já Tou High" featuring Rogg, "Gosto de ti" featuring David Carreira and "A nossa metade". **In 2020, Sara Carreira appeared on the SIC programme "A Máscara"** and won over the audience over with her unforgettable Panther. In the same year, **she created the brand "Éssê by Sara Carreira"** and once again won the acclaim of all her admirers.

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